



Listed below are group volunteer opportunities for the upcoming weeks/months for Emergency Youth Shelter (EYS) and Wesley Inn (WI).

Dining Buddies

Enjoy a time of fun and laughter with our teens. Sponsor and serve a meal (breakfast, lunch or dinner) for our youth. Food suggestions: BBQ, Pasta, Chicken, Pasta, Salad and much more! Soda beverages are prohibited. Ice Tea, Fruit Punch and Juice are accepted. *This can be combined with an engagement activity (optional). **Please Note:** Meal Schedule(s): Breakfast: 9 AM Lunch 12:30 PM Dinner: 5:00 PM. Number of Residents 31-41 and 6-8 Direct Care Staff.

Group Outings

Are a fun way for our youth to explore fun attractions! Sponsor an outing to a movie, roller skating, museum, sporting event, bowling or another great attraction! Please Note: Promise House provides transportation to/from the event. Chaperone(s): 1-2 Direct Care Staff will be in attendance.

Patty Cake

Have fun in the kitchen by teaching the youth how to bake and decorate desserts (e.g. Candy apples, Rice Krispy, cupcakes, etc.)! Use Promise House commercial Kitchen. All food and project supplies necessary to make your volunteer event successful must be brought by group leaders (cutlery, food/snacks, plates, etc.).

Arts & Crafts

Use your imagination by creating various D.I.Y (Do It Yourself) projects such as I am Collage, Scrap Booking, Vision Boards, Jewelry Beading and much more! Please note, these are examples only, **please feel free to create-your-own** Arts & Craft project. All project supplies necessary to make your volunteer event successful must be brought by group leaders (arts & crafts, scissors, etc.). Scissors are prohibited. Please Pre-cut items.

Board Game

Play a friendly game of Bingo, UNO, Minute-To-Win-It, Battleship, Family Feud, Checkers and much more with our youth! Please Note: Twister is prohibited.

Movie Time

Enjoy movie time and snacks with the youth. Accepted movie rating(s): G, PG and PG-13.

Team Building Activities (Indoor/Outdoor):

This activity will build confidence and self-esteem and enhance motivation with teens. This activity can range from: Team Ball Race, Human Knot, Three Lines Basketball, Cone Guardian, etc. Please note, these are examples only, please feel free to *create-your-own* Team Building Activity.

**Please note we can accommodate and set-up various activity stations.*



High Impact, Behind-The-Scenes

Organize a Drive

You and your group of friends or co-workers can hold a donation drive to help the youth of Promise House! Sometimes the youth enter the program with little to nothing. We rely on the In-Kind Donations from individuals and organizations. You can set up a drive at your workplace, church or social group to help collect items. For a list of high priority needs, please contact your volunteer coordinator.

Delivery drop-off by *appointment only*. Monday – Thursday 10 AM – 4:30 PM and Saturday 10 AM – 2:30 PM.

Please contact your volunteer coordinator to schedule a delivery drop-off time.

Beautification + Organization = High Appreciation

With your group and a spare afternoon, you can create a spectacular outcome. Imagine beautifying a counseling room and/or organizing our recreation room. Before or after your project, we can provide an Educational Tour with your group. This event can also be in conjunction with our other events. **Please Note:** Bring the necessary cleaning supplies (e.g. gloves and all-purpose cleaners) * Bleach and harsh chemicals are prohibited.

We look forward to you joining our family!