



## Promise House, Inc. Volunteer Guidelines

Come ready to have fun and interact with our teenagers! Our kids need your influence in their lives!

### What to Wear at Promise House or to Promise House Events:

Think casual! Feel free to wear jeans, casual pants, everyday tops, and tennis shoes or sandals. You are going to be working directly with youth, so the less formal your clothing is, the more they might be willing to interact with you. However, conservative clothing is also best at times, since you will be serving as a role model for these great kids.

### What to Bring to Promise House or Promise House Events:

Please leave *valuable items* at home and/or in your car. If you have expensive jewelry, purses, bags, cell phones, etc., do not bring them into the building. Leave them at home or locked in your trunk. Promise House, Inc. is not liable for lost merchandise.

## DO'S AND DON'TS WHEN INTERACTING WITH YOUTH

### DO

- Encourage youth to participate in the activity.
- Act with integrity, modeling behavior youth are learning to exhibit.
- Notify Promise House staff if a teen confides something alarming (i.e. thinking of leaving shelter)
- Ask youth about their day and their interests.
- Ask the Volunteer Manager questions if you are unsure of anything.
- If you need to make an urgent call, please take all calls outside of the activity area/location.

### DON'T

- Give a youth your personal information.  
(e.g. social media, home/email address, mobile number)
- Counsel youth when they begin to share a problem, encourage them to talk to the Promise House therapist
- Give a youth money or gifts
- Let yourself be alone with Youth. Direct Care Staff should always be present.
- Use your mobile device during the recreational and/or empowerment activity.